

Youth & Neighborhood Programs

Homeschoolers Beginning Conversational Spanish Ages 8 to 12

Hola! Are you interested in learning how to speak Spanish? Then this is the class for you. The focus is to have fun while learning basic pronunciation and common phrases. Please bring a note pad and pencil. For more information, call (434) 455-5891.

CR \$12.00; NR \$18.00

Miller Center – Instructor: Joann Stinnette

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
62002.302	TU	9/12-12/5	1-2:30 pm

Beginning Conversational Spanish for Teens & Adults Ages 13 & Up

Aprenda el espanol (learn Spanish)! Learn basic pronunciation and common phrases in an informal, relaxed setting. Classes meet on the first two Saturdays of October, November, and December. For more information, contact JoAnn Stinnette at (434) 455-5891.

CR \$6.00; NR \$9.00

Miller Center – Instructor: Joann Stinnette

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
62003.301	SA	10/7-12/16	10:30 am-12 noon

Adult Conversational Spanish Ages 18 & Up

Have fun learning Spanish, including speaking, listening, and pronunciation. This is a great way to practice your Spanish in a group setting. Join other principiantes (beginners) and you will be fluido (fluent) in no time! For more information, call JoAnn Stinnette at (434) 455-5891.

CR \$12.00; NR \$18.00

Miller Center – Instructor: Joann Stinnette

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
62000.303	TH	9/14-12/7	1-2:30 pm

Basic Cooking Class Ages 12 to 18

Learn to live on more than Oodles of Noodles, sandwiches, microwave popcorn, and cereal! Learn the basics of cooking and food preparation and get practice by cooking some tasty meals to share. For more information, call (434) 455-5858.

CR & NR: \$2.00

Miller Center – Instructor: Rebecca Morrison

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
62002.305	TU	9/19-12/5	5-7 pm

Creative Writing Workshops Ages 10 to 19

Unleash the writer inside! Youth have a chance to explore poetry, autobiography, and other creative writing techniques in six workshops designed with them in mind. For more information, call (434) 455-5858.

Free

Fairview Center – Instructor: Betina Butler

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
62002.306	TH	9/7-11/9	5-7 pm

A Night of Expressions

Looking for a family activity? Come out and enjoy hearing poems, short stories, monologues and songs written by participants in Creative Writing workshops. If you would like to participate, please call (434) 455-5858. Light refreshments are served.

The Aviary in Miller Park

<u>Day</u>	<u>Date</u>	<u>Time</u>
TU	11/2	5:30 pm

Let's Just Play Ages 6 to 55

"Let's Just Play" Day is Nickelodeon's nationwide campaign to engage kids in active, healthy lifestyles. Turn off the television and enjoy a day in the park playing games and having fun. For more information, call Micky Ferguson at (434) 847-1409.

Free

Miller Park Large Shelter – Contact: Micky Ferguson

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
62004.300	SA	9/30	12 noon-3 pm

Parents Time Out Ages 8 to 14

Leave the kids with us and enjoy a Friday night out for shopping, a movie or dinner! Your children will enjoy snacks, games and fun activities. For more information, call (434) 847-1751.

CR \$5.00, payable onsite

Fairview Center – Contact: Keith Kirven

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
62002.307	F	12/15	5-10 pm

Free Movie Nights

Come out and enjoy family movies on the big screen! Enjoy current and classic movies in a theater atmosphere. Popcorn and drinks for only 25¢! Sorry, no outside refreshments.



Miller Center Auditorium

<u>Day</u>	<u>Time</u>
2nd & 4th TU	5:30 pm except 11/14 @ 6:15 pm

Family B-I-N-G-O Day

Everyone enjoys a friendly game of bingo. Come out and join in the fun and see who wins! Small prizes are awarded. For more information, contact any of the neighborhood centers during operating hours.

All Neighborhood Centers

<u>Day</u>	<u>Date</u>	<u>Time</u>
TH	9/14	5:30 pm

ALL THE BASICS For Your Home

Knowledge is Power: Home Safety

What you don't know can hurt you. Come out and learn the many ways to keep your home safe. Collect information on fire and lead safety; learn about home and rental insurance; how to protect valuables; and what locks are best for your windows and doors. For more information, call Joyce King or Aubrey "Chub" Barbour at (434) 847-1418.

Yoder Neighborhood Center

<u>Day</u>	<u>Date</u>	<u>Time</u>
SA	10/14	12 noon-2 pm

Hocus Pocus Night

Have some Halloween fun! Dress up and enjoy games with a Halloween theme. For more information, contact Mary Brown at (434) 847-1369.

Daniel's Hill Neighborhood Center

<u>Day</u>	<u>Date</u>	<u>Time</u>
W	10/18	6 pm

National Red Ribbon Week Anti-Drug March

Yoder Neighborhood Center

Coordinator: Aubrey "Chub" Barbour

<u>Day</u>	<u>Date</u>	<u>Time</u>
W	10/25	6 pm

Annual Spaghetti Dinner

Join us for a spaghetti dinner as we celebrate with children who pledge to be drug-free. National Red Ribbon Week (10/22-10/28) is dedicated to helping youth stay drug-free. For more information, contact any of the neighborhood centers during their operating hours.

All Neighborhood Centers

<u>Day</u>	<u>Date</u>	<u>Time</u>
TH	10/26	5:30 pm

Annual Holiday Food Basket Donations

Accepted weekdays 11/1-12/20

Each neighborhood center collects non-perishable food items to make food baskets for Lynchburg area families during the holidays. If you would like to donate, please stop in at any of our neighborhood centers during center hours to drop off your items. For more information, call any of the neighborhood centers during their operating hours.

Annual Soup Day

Nothing is better on a cold day than hot soup. Come join us around the table for neighborhood food and fun! For more information, call any of the neighborhood centers during their operating hours. Register by 1/8.

All Neighborhood Centers

<u>Day</u>	<u>Date</u>	<u>Time</u>
W	1/10	5:30 pm



Parks & Recreation



Caribbean Cruise

Ages 18 & Up

4/28/07 – 5/5/07

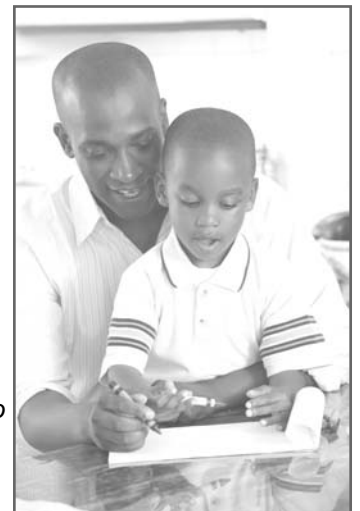
Cruise the beautiful waters of the Caribbean as you visit the islands of the Bahamas, St. Thomas, St. John, and St. Martin. This seven night cruise aboard the Carnival ship, "The Glory", is sure to be a vacation to remember. This all inclusive trip departs from Lynchburg by air to Port Canaveral, Florida, where the cruise originates. Look for details in the upcoming senior newsletter, call (434) 455-4000, or come by the Miller Center for more information.



Please note: Effective 12/31/06, the U.S. Government will require that all passengers, including U.S. citizens, be in possession of a valid passport when traveling on any Carnival cruise.

Neighborhood Center After-School Program

Open to City residents, this program serves children ages 6 to 17. Participants enjoy movies, concerts, arts/crafts and wellness programs. Free tutoring and homework help is available at all neighborhood centers for Lynchburg City School students. Tutors from Liberty University assist students in grades K-12 with math, reading, and other school work. Assistance is also available for GED students. Neighborhood Computer Centers are located at each center. Snacks are provided by Kids Cafe, a program of the Blue Ridge and Lynchburg Area Food Banks and America's Second Harvest. *All participants must register to attend this free after-school center program.* Be sure to register your children at the neighborhood center of your choice.



CENTER NAME	OPERATING HOURS	ADDRESS	PHONE No.
College Hill	M-F 2:30–8 pm	811 Jackson Street	847–1418
Daniel's Hill	M-F 2:30–8 pm	314 Cabell Street	847–1396
Diamond Hill	M-F 2:30–8 pm	1005 17th Street	847–1409
Fairview Heights	M-F 2:30–8 pm	3621 Campbell Avenue	847–1751
Jefferson Park	M-F 2:30–8 pm	405 York Street	847–1405
Miller Park	M-F 2:00–6 pm	301 Grove Street (basement)	455–5890
Yoder	M-F 1:00–8 pm	109 Jackson Street	847–1645

Centers will be closed on the following days:
11/23, 11/24, 11/25, 12/23, 12/25, 12/26, 1/1, 1/15, & 1/26

Directory of Services

Parks & Recreation Main Office: (434) 455-5858

Direct numbers are listed below for your convenience.

Art Program Elizabeth Ford (434) 455-5866
 Athletics Maggie Mace (434) 455-5882
 Aquatics Joanna Nisbet (434) 455-5884
 Challenged Sports Exchange Barb Franz (434) 455-5880
 Neighborhood Centers (Youth) Lisa Misjuns (434) 455-5864
 Naturalist Program Laura Rogers (434) 455-5878
 Nature Zone Laura Rogers (434) 455-5828
 Park Management Andrew Reeder (434) 455-5876
 Rentals:
 Armory Tammy Forest (434) 455-5871
 Athletic Fields Maggie Mace (434) 455-5882
 Aviary Facilities Supervisor (434) 455-5875
 Community Centers Facilities Supervisor (434) 455-5875
 Miller Park Pool Joanna Nisbet (434) 455-5884
 Picnic Shelters Tamara Parker (434) 455-5887
 Stadium Facilities Supervisor (434) 455-5875
 Senior Adult Program Allyson McSwain (434) 455-5837
 Special Events Tammy Forest (434) 455-5871

Visit our web page at www.lyncburgva.gov/parksandrec

Saturday Open Center

First & Third Saturdays

11 am - 3 pm

College Hill, Daniel's Hill & Yoder

Second & Fourth Saturdays

10 am - 2 pm

Diamond Hill, Fairview & Jefferson



Neighborhood Centers

Parks & Recreation

2006 Gingerbread House Contest

*presented by
Lynchburg Parks and Recreation Department*



Gingerbread house entries will be displayed in the Art Department at the Miller Center, 301 Grove Street, 12/4 through 12/7. There is a \$5.00 entry fee. Ribbons will be awarded on 12/4.

Rules:

- The gingerbread house must be constructed of edible ingredients, i.e. gingerbread, cookies, candies, crackers, chocolate, etc.
- Houses must be on a self-supporting base or board no larger than 24" x 24".
- The structure may be no larger than 2' tall at the highest point.
- The entry must be received at the Miller Center, 301 Grove Street, between 2-4 pm on Sunday, 12/3. Houses must be removed by 6 pm on Thursday, 12/7.



Gingerbread House Entry Form

One form per entry. Entries will not be accepted without the \$5 entry fee included. Please make checks payable to "City of Lynchburg".

Name: _____

Address: _____

City/Town: _____

Daytime Telephone Number: _____ E-mail: _____

Participant Category: (Check one)

- | | |
|---|---|
| <input type="checkbox"/> A. Youth (12 & Under) | <input type="checkbox"/> D. Professional Vocational (School/Baker/Chef) |
| <input type="checkbox"/> B. Young Adult (13-17) | <input type="checkbox"/> E. Family, Business/Group (Any Age) |
| <input type="checkbox"/> C. Adult (18 & Over) | <input type="checkbox"/> F. School Classroom K-6, 7-12 (Non-Vocational) |

Complete this form and return with the \$5 entry fee to:
Parks & Recreation Art Department, Gingerbread House Contest
301 Grove Street, Lynchburg, VA 24501

Lynchburg Parks and Recreation cannot be held responsible for any damages that may occur. Please understand that your gingerbread house may at times be left unattended. Therefore, we cannot guarantee complete safety. We will try our best to ensure no damages will occur to your entry. Please sign that you have read and accept this waiver.

Participant Signature

Explore Lynchburg's Trails

Walk...Jog...Bike...Stroll...Enjoy!

The leaves are turning, the weather is cooler, and it's a perfect time to get outside and explore our trails system.

Lynchburg boasts an extensive trails system — and we've just added a new link at Kemper Street — that connects midtown to the Blackwater Creek Bikeway at the Point of Honor trail. Many of our trails run through the Blackwater Creek Natural Area, a linear greenway which has over 300 acres of forested terrain right in the heart of Lynchburg.



Many of our parks have trails that run through them; Peaks View Park has extensive mountain bike trails as well as the fully accessible Ivy Creek Greenway. If magnificent views of the James River appeal to you, head over to the Alpine Trail in Riverside Park, or check out Jefferson Park and the Blackwater Creek Athletic Area to start a hike on the Creekside trail.

Trails system guides are available at many entrance points on the trail and at the Miller Center, 301 Grove Street, or the Kemper Street Station Parks and Recreation offices. You can also view the guides online at www.lyncburgva.gov/parksandrec. Stop by today, explore Lynchburg's trails, and remember....*Trails are great places to share!*

Master Planning for Riverside Park

The Parks and Recreation Department will begin master planning for Riverside Park this fall. We will offer several community meetings for citizens to learn about the history of the park and prioritize renovations. Participants will meet with landscape architects and City staff to discuss many aspects of Riverside Park, including landscape improvements, infrastructure and lighting, further developments to trails and educational transportation exhibits. Help plan the future of Riverside Park by getting involved!



OPEN ALL YEAR LONG
Monday - Saturday
7 am - 2 pm

Community Market
1219 Main Street
Lynchburg, VA 24504
(434) 455-4485

"We're the best thing growing!"

**"Offering a wide variety of farm fresh
produce, quality handmade crafts,
and ethnic cuisine."**



Visit us on the web at www.lyncburgva.gov